

The Redemptive Gifts and the Body



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The Redemptive Gifts is quite an extensive topic comprising various interconnected areas. I encourage you to visit our resource explaining the Redemptive Gifts and perhaps do the Redemptive Gifts quiz before you read this resource. One aspect that particularly intrigued me was the physiological connection of the seven Redemptive Gifts to our bodies. Each gift was found to have a specific impact on certain systems and parts of the body. In a webinar series I conducted with a group of ladies, I had the opportunity to elaborate on each of these gifts in detail.

As a quick recap, the seven Redemptive Gifts are Prophet, Servant, Teacher, Exhorter, Giver, Ruler, and Mercy. Many participants showed great interest in understanding how these gifts play a role in contributing to the well-being of the body. ¹Arthur Burk's research has led to ministering to people's human spirit portions (the Redemptive Gift portions) as a means of aiding the body's healing process. Just to reiterate, there may not be any explicit biblical references to the outworking of these gifts as proposed by Burk, however, the principles of these gifts are based on biblical foundations. As with any theory, it is up to the reader to decide whether or not this may be applicable to them, whether or not they can identify with this or if they want to discard the information entirely.

During the webinar series I conducted, we had reflection and sharing sessions, which led us to the realisation that most of us had a common theme. The theme suggested that the enemy's attack was not directly on our gifts but instead on our bodies, hindering the full expression and operation of our gifts. While there is not extensive information available on how these gifts might benefit our various body systems and parts, I did my best to bring them together coherently and meaningfully.

The Body Associations

The Prophet and the Body

The Prophet Redemptive Gift (RG) is associated with the immune system, the pituitary and hypothalamus, the frontal lobe, the C7 cervical vertebra, and the sympathetic nervous system.

The Prophet is associated with the immune system because just as the immune system safeguards the body from harmful substances and infections, prophets possess the ability to discern truth from falsehood and identify areas of dysfunction or deception in individuals or systems.

The Prophet also has a connection to the pituitary and hypothalamus glands. These glands regulate several bodily functions, including growth, sexual development, and hormone

¹ Arthur Burk - Sapphire Leadership Group - <https://theslg.com/>

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production. Prophets may experience heightened sensitivity and stress, possibly due to the role of these glands in the body's stress response.

The frontal lobe of the brain is also linked to the Prophet. This area manages thinking, emotions, judgment, and leadership qualities. Prophets may have an exceptional ability to perceive spiritual insights, empathise with others, and provide guidance, all attributes tied to the frontal lobe's functions.

Cervical vertebra C7 is associated with the Prophet, possibly symbolising the control and communication of the body's nerves. The neck is a vulnerable area that can be affected by stress and tension, which prophets may experience due to their sensitivity.

The sympathetic nervous system is responsible for the "fight or flight" response. The Prophet's heightened sensitivity and intuition may be connected to this system's ability to process sensory information and respond to their surroundings and emotions.

The Servant and the Body

The Servant RG is associated with the excretory system, the pineal gland, the parietal lobe and the C6 cervical vertebra.

The excretory system is responsible for removing waste products from the body, and the Servant is associated with this system as it is wired to serve others and remove emotional or relational obstacles from their lives. People with the Servant gift have a strong sense of compassion and are willing to take on menial tasks to help others, much like the excretory system's role in supporting overall bodily health.

The pineal gland, known as the "third eye," regulates the body's sleep-wake cycle and is linked to feelings of happiness and well-being. The Servant is related to the pineal gland due to its keen awareness of rhythms and cycles in human interactions and relationships. Additionally, both the pineal gland and the Servant gift are associated with spiritual discernment and the ability to connect with the spiritual realm.

The parietal lobe of the brain processes sensory information, spatial awareness, and visual perception. The Servant is linked to the parietal lobe because of its deep sense of responsibility and heightened spatial awareness, enabling it to perceive the needs of others and integrate information from different sources to serve them effectively.

The C6 vertebra in the neck, also known as the "servant's hump," is associated with the Servant's unique ability to bear the weight of others and serve sacrificially. The C6 vertebra is also linked to the nerve supply for the arms and hands, where the servant gift may excel in providing physical assistance and manual labour to serve others.

The Teacher and the Body

The Teacher RG is associated with the digestive system, the thymus gland, the temporal lobe, the respiratory system and the C5 cervical vertebrae.

The digestive system helps break down food into nutrients for the body, and the Teacher is linked to this system due to its desire to take in and process knowledge. Like the digestive system, those with the Teacher gift have a hunger to learn and transform information into deeper understanding and wisdom.

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The thymus gland is part of the immune system, and the Teacher is associated with it because of its discerning ability to identify and target foreign substances, similar to how T-cells target antigens. Additionally, the thymus's role in self-awareness and identity is connected to the Teacher's gift.

The temporal lobe is a region of the brain responsible for memory, emotion, and language processing. The Teacher is linked to this lobe as it involves learning, memory, and creativity, all crucial aspects of teaching and communication.

The C5 cervical vertebra is associated with the arms and hands, symbolising teaching and imparting knowledge. The Teacher's ability to inspire and communicate effectively is also related to the respiratory system connected to C5, as they "breathe life" into others through their intellectual insights. The nervous system's connection may signify the analytical aspect of the Teacher's gift in processing and analysing information.

The Exhorter and the Body

The Exhorter RG is associated with the muscular system, the thyroid gland, the occipital lobe and the C4 cervical vertebra.

The muscular system enables movement and support in the body, and the Exhorter is associated with this system because of its ability to mobilise and motivate others towards a specific purpose or goal. Like the muscular system, Exhorters possess contagious energy and enthusiasm that encourages action and engagement in their passions.

The thyroid gland regulates metabolism and energy levels, and it is connected to the Exhorter gift because of its ability to inspire and motivate others, bringing energy and enthusiasm to their interactions.

The occipital lobe is responsible for visual perception, and the Exhorter is associated with it because Exhorters have a visionary perspective and can inspire others with their compelling visions.

The C4 cervical vertebra symbolises the connection between the mind (head) and action (body), and it is linked to the Exhorter gift as it represents the importance of aligning thoughts and intentions with practical action. The Exhorter mobilises and energises others, bridging the gap between vision and implementation.

The Giver and the Body

The Giver RG is associated with the reproductive system, the pancreas, the cerebellum, the parasympathetic nervous system and the C3 cervical vertebrae.

The reproductive system is responsible for sexual reproduction and the continuation of life. The Giver gift is associated with this system because of its nurturing and supportive nature, providing resources and care to help others flourish and multiply in various aspects of life.

The pancreas has both exocrine and endocrine functions, producing digestive enzymes and regulating blood sugar levels. It is linked to the Giver in terms of its role in digestion and metabolism, symbolising the Giver's ability to provide nourishment and support to others.

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The cerebellum coordinates movement and balance in the body. It is associated with the Giver gift, emphasising the Giver's ability to coordinate and balance in serving others, orchestrating resources and efforts to benefit those they serve.

The parasympathetic nervous system promotes rest, relaxation, and restoration. It is connected to the Giver, highlighting the Giver's ability to create environments of peace, harmony, and comfort, enabling others to experience rest and rejuvenation.

C3 cervical vertebrae, along with other cervical vertebrae, support and protect the neck and head region. It is linked to the Giver, representing the Giver's role in providing support and stability to others, offering guidance, encouragement, and stability in their lives.

The Ruler and the Body

The Ruler RG is associated with the skeletal system, the adrenal glands, the brain stem and the C2 cervical vertebrae.

The skeletal system provides the framework and structure for the body, offering support, stability, and protection. The Ruler is associated with the skeletal system, as individuals with this gift have a natural inclination to establish order, structure, and stability in their spheres of influence. They possess leadership qualities, organisational skills, and a sense of authority that contributes to establishing and maintaining a firm foundation.

The adrenal glands are responsible for producing hormones involved in the body's stress response and energy regulation. The Ruler gift may be connected to the adrenals because individuals with this gift often exhibit strong leadership qualities, decision-making abilities, and the capacity to handle pressure and navigate challenging situations. They can handle stress and maintain composure in difficult circumstances.

The brain stem, responsible for regulating basic bodily functions and consciousness, may be associated with the Ruler due to its parallels with the Ruler's ability to provide stability, direction, and guidance in their areas of influence. The brain stem serves as a bridge between higher brain regions and the spinal cord, just as the Ruler connects and oversees different aspects of their sphere of influence.

C2 Cervical Vertebrae, located in the neck region, provides support to the head and allows essential movements. Symbolically, it represents the Ruler's role in providing support, guidance, and protection in their areas of influence. Like the C2 cervical vertebrae support the head, the Ruler offers a strong foundation, direction, and facilitation of necessary movements or changes within their sphere of influence.

The Mercy and the Body

The Mercy RG is associated with the endocrine system, the gonads, the basal ganglia and the C1 cervical vertebrae.

The endocrine system, responsible for producing and regulating hormones, may be associated with Mercy due to its symbolic representation of Mercy's ability to bring emotional and relational harmony. Just as hormones play a vital role in various physiological processes, the Mercy gift contributes to nurturing and caring for others, fostering emotional growth, and offering comfort and empathy through their nurturing and caring nature.

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The gonads, which are the reproductive organs responsible for producing sex hormones and gametes, may be linked to Mercy's, symbolising their ability to bring forth life, nurture, and care for others, and foster emotional and relational growth. The Mercy's nurturing and caring nature aligns with the gonads' role in reproduction and hormonal regulation.

The basal ganglia, a group of brain structures involved in motor control, reward, and emotional processing, may represent the Mercy gift's sensitivity and deep emotional awareness. The Mercy gift is often associated with bringing healing, restoration, and emotional balance to others, similar to the basal ganglia's role in emotional processing.

The C1 vertebrae, also known as the atlas, located at the top of the neck, play a crucial role in supporting the weight of the head and facilitating movement. If associated with Mercy, it could symbolise Mercy's supportive nature, representing their ability to bear burdens and provide support and care for others. The Mercy gift's empathy, compassion, and understanding of others' needs align with the concept of supporting and carrying the burdens of others, similar to the C1 vertebrae's supportive function for the head and neck.

Making it Practical

- Identify your RG and the physiological associations.
- Identify whether or not you have any conditions or issues tied to those areas. For example, the Teacher might struggle with digestive issues or have colon problems due to carrying too much stress. The Servant might have neck issues because they carry too many false responsibilities.
- Consider the portions of your spirit and how they are interconnected and need to work together for the optimal functioning of the spirit and the body.
- Think about any wounding that might have compromised any of the outworkings of the RGs. For example, as a child, you may have had a parent with very strong Ruler authoritarian type parenting. This might have caused a wound. Therefore, interpersonal relationships and your experiences can affect your gifts. You can help identify the wounding by revisiting the characteristics of the RGs.
- It will be important to deal with any wounding and do the forgiveness etc. that needs to take place and any other related aspects.
- Once you have identified the wounding and processed it, you may be ready to speak to those portions of your spirit that need to come forward to help the body.
- The spirit is pre-loaded with God's design for your life, and therefore the spirit's purpose is to bring that design forward. Sometimes we need to instruct the spirit, i.e. our human spirit, to carry out that design and help the body and soul to align with God's plan and purpose.
- Address the RG portion of the spirit associated with the physiological issue that needs addressing. You can pray something like this:

Heavenly Father, I declare the Lordship of Jesus Christ here today, and the power in the blood of Jesus to cleanse and free me. Forgive me where I have sinned Lord, I confess and repent of these sins.

I declare that Jesus Christ paid the price once and for all for my salvation and healing. I strip all strongmen of their assignments in the name of Jesus, and dismiss any gatekeepers who are keeping any and all bloodline curses intact.

I break all curses on my bloodline, I break the power of all familiar spirits and destroy the yokes of bondage. I call on the fire of God to destroy all altars and idols. I reverse the curses into blessing and ask for the mercy of God to come.

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I ask Holy Spirit that you close all open doors in the spiritual realm and every door in the physical realm. Forgive me for sinful patterns of behaviour. I pray for healing to come in my physical body as well as my conscious, subconscious and unconscious mind.

I call forward my spirit to take instruction from the Holy Spirit to assist the body in the area of (e.g. digestive problems) . I address my (RG e.g. Teacher portion) to work with any other portions of my spirit who are complementary, to assist in ministering to the (part of the body) to bring healing through the power of the Holy Spirit in Jesus' name. I command all stress and deficiency to leave my body right now and call on (RG e.g. Teacher) to release any trauma or wounding related to the (e.g. digestive system) so that it can function according to God's perfect design. I call upon the design of God as established before time began for my life, to be established within my body. I call the body back into alignment, perfect alignment of spirit, soul and body and call the portions of my spirit forward to assist with this process.

In Jesus name, I pray, and I seal off this prayer with the blood of Jesus.

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