

## Prayer for Our Adult Children

Heavenly Father,

We come before You with hearts full of love and concern for our adult children. We thank You for the gift of parenthood and for the privilege of watching our children grow into adulthood. We commit them into Your loving care, trusting in Your faithfulness and provision for their lives.

Lord, we lift up our adult children to You, asking for Your blessings to be poured out upon them. Your Word teaches us in Psalm 127:3, *'Behold, children are a heritage from the Lord, The fruit of the womb is a reward.'* May they always know the depth of Your love for them and the unique purpose You have for their lives, even as they navigate the challenges and opportunities of adulthood.

We pray for their physical health and well-being, that You would protect them from harm and sickness. Psalm 91:11-12 assures us, *'For He shall give His angels charge over you, To keep you in all your ways. In their hands, they shall bear you up, Lest you dash your foot against a stone.'* Keep them safe under the shadow of Your wings, Lord, and grant them strength and vitality.

Lord, we ask for Your wisdom and guidance as they make decisions and choices in their adult lives. Help them to walk in integrity and righteousness, seeking Your will in all they do. Proverbs 3:5-6 instructs us, *'Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.'*

We pray for their spiritual growth so that they may continue to grow in their relationship with You and in their understanding of Your Word. May they be rooted and grounded in Your love and truth, and may they walk in obedience to Your commands. Psalm 119:105 declares, *'Your word is a lamp to my feet And a light to my path.'*

Father, we commit our adult children into Your loving hands, trusting that You will continue to guide and protect them. May they continue to seek You first in all things and find their strength and hope in You alone.

In Jesus' name, Amen.