

Activating the Spirit - Part 2



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After sharing Watchman Nee's explanation of the spirit, soul and body, in Part 1, my hope is that you have a basic understanding and we can move on to unpacking the importance of activating your spirit.

My desire to expand on this has been birthed out of my own experiences of activating my spirit and also the Lord speaking to me about this and leading me to understand that I need to help others enter into this. What reinforced this desire is my work with clients in the inner healing and deliverance process. What I found was that those who had experienced much trauma often did not know that they had a spirit man who needed to be present and active in their life. They had an understanding that they had a spirit but had no idea what that actually meant for them as believers or as the body of Christ living out the Kingdom mandate.

What are the reasons for not understanding the spirit man?

Firstly, is that this is not often a topic that is expanded on in the church. There is often only a very fundamental understanding but there has not been a clear picture of how profound it is to be able to operate through your spirit man in the spiritual realm through the Spirit of God. And then how that can impact our earthly life and also the earth as a whole. Our spirit comes from God which means it holds important information for us to live out our life on earth in victory, and also to be able to bring our heavenly resources into this realm.

Ephesians 1v3-4 "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love".

The second reason is mostly related to trauma and that the enemy's plan and purpose for our life is that we stay locked up in our souls and that we never walk in our godly identity. We need our spirit man to fully grasp our identity in Christ because the soul cannot do this, the soul can only do it through the operation of our spirit man having been activated through the Spirit of God. Trauma brings death and separation from our design in God, our blueprint. It impacts our body and our soul and often this is our focus because we are in pain or we carry those negative emotions and the sense of rejection, low self-worth, not feeling good enough and never feeling worthy enough. We struggle to grasp the love of God and that no matter what has happened to us, He loves us and He knows what we have been through. But through our painful experiences, we often start to question the goodness of God and the goodness of Him as a Father because He has "allowed" this to happen. God never promised us a life without suffering. We see it in the word of God time and time again. But He did promise us that He would be with us and that He would comfort us.

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2 Corinthians 1v3 "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God".

Matthew 5v4 "Blessed are those who mourn, for they will be comforted".

John 16v20 "Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy".

John 16v33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world".

The third reason is that when a religious spirit is operating, it will kill the Spirit. It will reject that which will bring life by counteracting it with law. The law is something concrete - it is written down - like Moses wrote the Ten Commandments on the tablets of stone - but the spirit is abstract, spiritual things are spiritually discerned.

1Corinthians 2v14 "But a natural person does not accept the things of the Spirit of God, for they are foolishness to him; and he cannot understand them, because they are spiritually discerned".

"Not that we are competent in ourselves to claim that anything comes from us, but our competence comes from God. And He has qualified us as ministers of a new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life" 2 Corinthians 3v5-6.

It is this new covenant that now gives us free access to the throne room of God and also what is available for us spiritually.

Many of those who have been activating the body of Christ to this awakening of the spirit of man have all been professing the same thing - we are in a great awakening and we are entering a period where we need to operate in our Kingdom mandates on earth. COVID has been a great time for this reset because the church system has changed and those structures that needed to be removed have been removed and it is like a new thing is happening in the earth.

You are not insignificant. You are on Earth at this time in history for a reason. The fact that you are here means there is a plan and purpose for your life. And it means that because you are here, you have the ability to impact the earth. We have all been given a metron - a sphere of influence to operate in, and the territory you have been given to operate in also comes with heavenly resources for your task or assignment. If you never start to operate in that mandate and you never interact with your spirit to be present and active in your life - it is like having a bank account with millions in but never using it because you don't know how to access it.

The first step in activation is coming back into alignment with God's design for us. The order of operation is spirit, soul and body. A lot of believers are operating soul, body, spirit or body, soul, spirit - giving the spirit a lesser role in their life instead of giving it a controlling function. Granted, trauma and life experiences can leave us wounded and hurting and our spirit can be broken. So until we have dealt with any unresolved hurt or trauma, our spirit might remain compromised. But this is all the more reason for us to get the healing and freedom we need.

We received spiritual things, blessings, authority and so on through our spirit man as it receives from the Holy Spirit. As mentioned above - spiritual things are received spiritually -

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your soul cannot comprehend it or fully understand it. But your soul will block it if it has a more controlling function in your life. The only way we overcome is through the spirit.

Ask God to show you where you have moved out of alignment with His Spirit. Repent and ask God to realign you again spirit, soul and body. Ask for your timeline to be reset into His timeline for your life. Then ask the Holy Spirit to give you a picture of your spirit man. What does it look like? Where is it? Does it need help?

When I do this type of ministry with clients, we will often find that the spirit is sometimes locked up in a place of captivity. It can be through traumatic life experiences, sin conditions or just because it was never acknowledged. Remember your spirit is part of you and it comes from God which means, just like the Holy Spirit, the Spirit of God, it can feel, it has emotions, it has memory, and fundamentally has a will to be in partnership with God. When Satan hijacks our spirit, it is to separate us from God.

If you find that your spirit is not well or has been locked up, speak to your spirit man, don't be surprised if you hear a response. Ask what is needed, sometimes you may even need to ask forgiveness for disregarding this important part of you. Acknowledge your spirit, bless your spirit and call it forward. Give it permission to have an executive function in your life. Speak to your soul and body to submit to the Spirit and consequently allow your spirit man to receive the strengthening it needs to be in charge.

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