

Blessing Your Spirit - Part 2



40 Days of Blessing Your Spirit

Day 1 - I bless you with identity and legitimacy.

Spirit, your Father made you special. You are a very special person, created and crafted and designed by God your Father. He planned for you. You are no accident. Your Father made you beautiful and beloved. God invested an incredible amount of effort and concentration in designing you. You are unique, one of a kind. God has thought extensively about you. He smiled on the day He created you. He designed your spiritual heritage. There is a spiritual treasure chest of generational blessings with your name on it. I bless you in the name of the God of Abraham, Isaac, and Jacob.

Day 2 - I bless you with knowledge of your purpose.

Spirit, your Father has a purpose for you. I bless you with being everything God designed you to be. As you fulfil your purpose, you will benefit, others will benefit, and the world will be blessed. I bless you with knowing the things your Father has called you to know and do the things He has called you to do. I bless you with being able to carry out God's work with honour, peace, and joy. I bless you with not wasting time or effort doing things God has not called you to do. I celebrate the beauty God has nurtured in you. I bless you in the name of your Creator God.

Day 3 - I bless you with life-giving relationships.

Spirit, your Father designed you to receive life-giving and be spiritually life-giving. He will bring you people who will cause you to leap for joy. I bless you with people who minister to you, spirit. I bless you with divine appointments where God connects you for a moment or an hour with mighty men and women of God. I bless you with drawing life - giving strength from their spirits. I bless you with God bringing joyful people, with companionship with those who know the joy of the Lord. I bless you with being mutually life-giving. I bless you in the name of the ultimate Life-giver.

Day 4 - I bless you with knowing that God fights for you.

Spirit, your Father intends for you to rest at peace in Him as he takes care of your enemies. You will stand or move forward doing the things God has called you to do, and He will fight your battles, I bless you with daily steps of obedience in little things and in radical and unthinkable things to position you for God to fight your battles. I bless you with circumstances orchestrated by Him to eliminate your enemies, and I bless you with your ways being pleasing to the Lord in such a profound way that your enemies will live at peace with you and seek out your God. I bless you in the name of the Mighty Warrior.

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Day 5 - I bless you with a picture of your identity as God's child.

Spirit, I bless you with deep heart identity as God's very own child, securely loved in His family, calling him "Abba, dear Father." I bless you with the settled assurance He has a future and a hope for you for your best interests and His ultimate glory. I bless you with the deep knowledge that your Abba knows what you need and has all the resources of the universe to meet your needs. I bless you with confidence that you lack nothing you need in any way. I bless you with certainty that you are an heir with Jesus to all your Father's treasures. I bless you in the name of the Spirit of Sonship.

Day 6 - I bless you with an awareness of God's presence.

Spirit, I bless you with the great joy that comes from experiencing the presence of God, sensing Him watching over your life. I bless you with experiencing the joy of His presence in private and public worship. I bless you with knowing His presence in the night watches as your subconscious mind and spirit are open to the Spirit of God so He can minister to you while your conscious mind is not cluttering things up. I bless you with sensing the presence of God in those things which the world calls problems and pain. I bless you in the name of Jehovah Shammah, God who is always there for you.

Day 7 - I bless you with the ability to trust God.

Spirit, I bless you with experiencing your Father's faithfulness, His faithful love toward you, for your emotions to be aware, to know, to savour, to feel, to relish the love your Father expresses toward you. I bless you with experiencing that so often that you can never doubt your Father's love. I bless you with no anxiety in the present because God has spoken so richly in the past. I bless you with the surety of knowing He will speak again at the right time and the right place. I bless you with seeing so much of His protection that you will trust Him implicitly. I bless you in the name of your Eternal Dwelling Place.

Day 8 - I bless you with the joy of the Lord.

Spirit, I bless you with feeling the joy your Father has as He thinks of all the blessings He prepared for you: the surprises, divine encounters, unexpected treasures. I bless you with knowing your Father's joy when He sees you are different today than you were yesterday. I bless you with experiencing His joy, knowing the unique person He designed is cooperating with Him in what He designed you to do. I bless you with knowing so profoundly the pleasure He has in you that the opposition of other people means nothing. I bless you in the name of the laughing God of Zephaniah 3:17.

Day 9 - I bless you as a citizen in the kingdom of peace.

God said in Isaiah 45, "I make peace." Spirit, I bless you with knowing that God makes peace regardless of your circumstances. I bless you with understanding the kingship of the Prince of Peace and bowing your knee, and submitting to Him. I bless you with seeing the kingdom of peace established in your life, as the Prince of Peace is your ruler. I bless you with peace that He decrees in your life and around your life. I bless you with being known as someone who carries the peace of God with you wherever you go. I bless you in the name of the Prince of Peace.

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Day 10 - I bless your spirit to come out of hiding.

Spirit, your Father designed your spirit, soul, and body, and He ordains and oversees their alignment. I speak to your slumbering spirit to wake up. It is safe, it is time, it is right to look outward and upward into the face of your Father. Hear Him say that you are accepted, affirmed, capable, and beloved in Him. He likes the way He made you. He is not intimidated by areas in you that are lacking. He is perfectly sure of his ability to heal those areas, to restore broken places, to finish His parenting. I bless you in the name of the One who has given you great and precious promises.

Day 11 - I bless you with triumphant shouts over your rescue.

Spirit, I bless you with shouts of joy over the intervening hand of God, as He rescues you from the work of His enemies and yours. I bless you with enjoying His creativity in rescuing you, in little things and big things, monumental crises and little confusions. I bless you with enough problems in life and seeing God rescuing you from those problems that you no longer fear them, because they are an opportunity for God to show Himself strong. I bless you with the Father's intervention so often and on such a profound level that you are emotionally secure. I bless you in the name of the Shelter of Most High God, the Strong Tower to which you run and are safe.

Day 12 - I bless you as an obedient child.

Spirit, I bless you with the joy of obedience and with obedience being a joy, not a bondage. I bless you with the unique joy of obeying your Father in great detail because you are motivated by love. I bless you with experiencing the rich love of your Father as you obey Him. I bless you with seeing in the natural the results of your obedience. I bless your place in the new generation who will blot out the old bondage of legalism, and the world will see in you the complete merging of obedience and love. I bless you in the name of the One who was obedient unto death for you.

Day 13 - I bless you with mentors.

Spirit, I bless you with being tutored and nurtured by the most High God, like an apprentice learning a skill. The Lord wants to mentor you, to coach you in being like Christ. I bless you with knowing that the Lord's hands are on all your circumstances, so every situation becomes a learning opportunity. I bless you with receiving into your life from other people's giftings, and I bless you with contributing to others.

I bless you with learning from the Lord Most High how to rebuild broken relationships, which He has been doing throughout history. I bless you in the name of the One who conforms you to the image of Christ.

Day 14 - I bless you with favour in your walk.

Spirit, I bless you with people who will believe in you, who will help make you successful, who will be encouraging and life-giving to you, who will propel you along in life. I bless you with people who will make the road smooth before you and find ways to serve you and invest in you and bless you with time, attention, resources, and practical assistance. I bless you with favour with authorities and favour in the marketplace. I bless you with favour even with people who are enemies of Christ and the cross. I bless you in the name of the One who shines the light of His countenance upon you.

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Day 15 - I bless you with the desire to solve problems.

Spirit, you were designed by your Father to face problems and solve them, not just escape them. I bless you with rejoicing in each one, instead of complaining and turning back. I bless you with perseverance to dig in His Word to solve problems as if you are looking for gold, silver, and jewels. I bless you with having the mind of Christ, so you can see things from His perspective and solutions others can't see. May you have God's wisdom to embrace his solutions, even if they seem painful and nobody has ever walked that way before. I bless you in the name of the God of the impossible.

Day 16 - I bless you with freedom from the fear of man.

Spirit, I bless you with going to the Word of God and seeing specific promises He has made to you, standing on them, and savouring the joy, security, and excitement that comes when your Father answers your prayers based on His specific promises. I bless you with realising that when God calls you to battle, He will be there with you and for you, and victory will lie in His hand, not your expertise or resources. I bless you with experiencing God's pleasure in who you are and how he sees you now and tomorrow. I bless you in the covenant name of Jehovah-Shalom, peace in all circumstances.

Day 17 - I bless you with life-giving leaders.

Spirit, I bless you with different flavours of wisdom that come from many men and women. I bless you with leaders who give life by showing you favour and opening doors for you and also those who are firm and require you to learn discipline and demonstrate diligence. I bless you with leaders who teach you to love the Word of God, who lead you to meditate on His Word so your wisdom continually grows. I bless you with leaders who model for you how to relate to other people. I bless you with those who can make a path for you in difficult situations. I bless you in the name of the One who goes ahead of you.

Day 18 - I bless you with a peacemaking team.

Spirit, it is good to be a peacemaker, but even better to be part of a team of peacemakers. I bless you with men and women who come alongside you, interested in the harvest of righteousness, not their own agendas. I bless you with those who are whole, complete, and so in harmony with themselves that they are at peace, and they are able to bring the alignment of their peace alongside you. As a team you can reap a harvest of righteousness that will leave a verifiable, measurable, sustained imprint on the community around you. I bless you in the name of the One who unites with peace.

Day 19 - I bless you with friends during transition and change.

Spirit, I bless you with men and women of faith coming alongside you, committed to you personally for those times when God calls you to transition. I bless you with having God's appointed leaders who walk beside you in unity in difficult transitions. I bless you with being a life-giving blessing to people during transition, mentoring those who have the faith to see that you are part of something new that God is doing. I bless you with a strong personal and corporate sense of His presence as His signature on your calling. I bless you in the name of the Paraclete, the One who comes alongside.

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Day 20 - I bless you with a focus on the prize

Spirit, as much as you are loved, you have experienced pain. You are part of a great battle against the enemy of Most High God. I bless you with the ability to have joy that transcends pain. I bless you with a clear picture of what is before you, the thing God has called you to do, so you can endure pain to get there. The enemy will magnify the pain and cause you to focus on it, but I bless you with being aware of the joy set before you. I bless you with sufficient understanding of that joy so you will not count the cost but will pay the price. I bless you in the name of Jesus, who is the prize.

Day 21 - I bless you with the peace of Jesus.

Jesus gave his peace to the disciples before he left them. Spirit, I bless you with the peace of Jesus which is beyond what the world gives. I bless you with the peace he had of being at the right place at the right time, living with urgency of His purpose within himself without being overwhelmed by that urgency, because He knew His Father's time was right. I bless you with being peaceful because you know ahead of time that your Father God will partner with you to provide adequacy for each day, whether a day with pain or pleasure. I bless you in the name of Jesus, who wants you to be in step with Him.

Day 22 - I bless you with bringing the glory of God.

Spirit, your culture is yearning and crying out for something more than religion or churchiness - the legitimate powerful presence of God. I bless you with desperate hunger and thirst for bringing the manifest glory of God to your community. I bless you with vision and anointing to see what is necessary to prepare the way. I bless you with seeing outside your religious traditions. I bless you with the ability to sing the song of the gospel in a different key, doing no harm to the Word or message that must remain unchanged. I bless you in the name of the Glory of Israel.

Day 23 - I bless you with a reproduction of your values.

Spirit, I bless you with the joy of transferring your vision to the hearts and spirits of others. I bless you with the joy of seeing them embrace your values at the deepest level. I bless you with seeing your spiritual grandchildren living out your values, those who have been mentored by people you have mentored. I bless you with beautifully imprinting God's heart on others and knowing you have left an indelible imprint for good on the lives of many. I bless you with people embracing your values whom you did not know were watching your life. I bless you in the name of Jesus who said, "Follow me."

Day 24 - I bless you with hunger for God

Spirit, I bless you with the joy of experiencing a fresh taste of the presence and glory of your Father God in a decadent culture. I bless you with having a fresh manifestation of the power of God in your day. I bless you with igniting such a measure of hunger and holiness in your family, your community, and your nation that many will experience a visitation of God. I bless you with the extravagant joy of being today's man or woman and experiencing a visitation of God in a fresh way in your day and in your time. I bless you in the fullness of the One who fills the hungry.

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Day 25 - I bless you with God's covenant of life and peace.

Spirit, as you ponder the marvel and privilege of God's covenant of life and peace with you, God will place true instruction in your mouth. I bless you with knowing your Father and speaking of Him and bringing many others to know Him. I bless you with turning many from their sin and bringing them into the same reverence of Most High God that you have. I bless you with waking up each morning with awe that God would choose to be in covenant with you. I bless you with bringing many in the next generation into reverence of God. I bless you in the name of your covenant-keeping God.

Day 26 - I bless you with the authority to destroy chaos.

Spirit, I bless you as a peacemaker with spiritual authority to demolish strongholds that bring chaos into your family and community. I bless you with being a student of the peacemaking skills of Jesus. I bless you with being led by your Father in situations where there is division and alienation so you practice the art of peacemaking. I bless you with endurance in peacemaking because it is difficult. I bless you with honing your peacemaking skills as God takes you through one apprenticeship after another. I bless you in the name of All-authority.

Day 27 - I bless you with friendship during pruning.

Spirit, I bless you with deep life-giving friendships as you go through seasons of pruning from God. I bless you with friendships that your Father designs, nurtures, and gives you, even as He takes away others you have thought to be important and necessary. Although you may be severely pruned, I bless you with at least one friend who keeps covenant relationship with you in your darkest hour and encourages you, strengthens you, and focuses your attention on your Father's promises. I bless you in the name of the One who sticks closer than a brother.

Day 28 - I bless you with an anointing of peace to give to others.

Spirit, I bless you with profound reconciliation with God that leads to fearless compulsion to share the peace you have with others. I bless you with peace coming from you, causing people to seek you out, asking about the hope within you. I bless you with evangelism as a natural part of your life, the normal conversation you have with strangers and friends alike. I bless you with a vast harvest of family, friends, and strangers you meet only in passing. I bless you with being a mighty reconciler, bringing people into peace with God. I bless you in the name of the One whose crucified hands and feet brought good news of peace to the world.

Day 29 - I bless you with victory over the enemy.

Spirit, I bless you with the joy of regularly seeing Satan's plans to destroy people turned upside down and God bringing good out of painful circumstances. I bless you with seeing the problems Satan brings into the world used by God to reveal new wisdom, grace, strength, and freedom, as God makes a public spectacle of his enemy and yours. I bless you with God's perspective on pain and suffering. I bless you with partnering with God for His purposes, using problems as a platform to see Him work in ways that are unmistakably God. I bless you in the name of the One who triumphed on the cross.

Day 30 - I bless you with peace with God.

Spirit, I bless you with the work of the Holy Spirit that gets you past the barrier of sin into intimacy with your Father and His Son Jesus. I bless you with coming into peace with yourself,

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with God, and with others through the work of Jesus removing your sins and repairing your brokenness to bring you to peace. I bless you with the truth of this wonderful salvation coming to you in a profoundly transforming way, because your Lord Jesus desires it. He desperately wants you to be fully reconciled to Him. I bless you in the name of the One who was wounded for your transgressions.

Day 31 - I bless your nights with God watching over you.

Spirit, your Heavenly Father sustains you with the shield of his presence by night. Receive this confidence deeply inside. God sings lullabies over you at night. Listen to His song. His praise comforts you with His faithfulness at night. Instead of listening to your fears, listen with your spirit to God counselling you and reassuring you of his promises and His name. When the Lord is your confidence, your sleep is safe and sweet. God never sleeps, so you can rest with confidence. I bless you in the name of the Eternal God who neither slumbers nor sleeps.

Day 32 - I bless you with strength in your spirit for each day.

Spirit, I bless you with waking up every morning knowing that the living God is sustaining, strengthening, and renewing you for the opportunities and problems he sets before you today. I bless you with the assurance of inner quiet, security, and strength, not only for each day, but for as long as God chooses your lifetime to be. I bless you with meeting Him daily spirit to Spirit. I bless you with not doing anything by mere human effort. I bless you with being energised with the life of eternity upon all that you are and think and do. I bless you in the name of the Spirit of life.

Day 33 - I bless you with seeing God's fingerprints on your life.

Spirit, your Father's plans for you are numerous. I bless you with tracing His hand and understanding how particulars of your life fit into His cosmic picture. I bless you with glimpses of His whole design, as His image within you longs to see the beauty of it all, know its meaning, discern its ultimate purpose. I also bless you to entrust your desire to know into His All-knowing. I bless you with a fresh perspective of what your Father has done for you, His awesome miracles. I bless you with receiving your life from His hand and believing His plans are marvelous. I bless you in the name of the Awesome God.

Day 34 - I bless you with faith.

Spirit, I bless you with faith, made strong by Jesus, the author and finisher of your faith. I bless you with being fully satisfied that God is keeping His word to you, no matter how long it takes or how contrary your circumstances may look. Know that He is fully able to keep His word. I bless you with faith that has been tested and proved genuine. I bless you with seeing joy on the other side of all trials. I bless you with strong faith, pure like gold. I bless you with the faith that loving Him produces and the inexpressible joy that believing Him brings. I bless you in the name of the Faithful One who is totally trustworthy.

Day 35 - I bless you with hope.

You are in God's waiting room, anticipating and expecting, learning to hope. Spirit, I bless you with knowing your Father's eyes are on those who hope; he rewards those who hope in Him. I bless you with a strong sense of standing on a solid rock of God's faithfulness and timing. I bless you with unshakable confidence that your Father is in charge of your circumstances. I bless you with faithfulness and fruitfulness in circumstances that look hopeless. I bless you

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with unshakable hope, when everything else is being shaken. I bless you in the name of the God of hope.

Day 36 - I bless you with knowing profoundly that God is love.

Spirit, I bless you with deep heart identity as God's very own beloved child, securely loved in your Abba's family. I bless you with belonging, inclusion, and worth that your Father's love nurtures in you. I bless you with knowing that nothing in your past, present, or future can take His love from you. You can do nothing to make Him love you more and nothing to make Him love you less. I bless you with receiving God's love that casts out fear. I bless you with profoundly knowing He finds pleasure in you. I bless you in the name of God who is love.

Day 37 - I bless you with wholeness of spirit.

I bless you with an enlarged spirit that leads your soul and your body. Spirit, I bless you with freedom from all captivities. I bless you with the grace and forgiveness to step over any offense and cancel every debt. I bless you with freedom from defilement by the poison of bitterness. I bless you with looking to your Father for vindication, as you choose to forgive and release bitterness. I bless you with a healthy dose of repentance for sinful actions. I bless you with being saturated with faith, hope, and love. I bless you in the name of the One who came to set captives free to hope and love and have faith.

Day 38 - I bless you with spiritual wisdom and understanding.

Spirit, I bless you with spiritual wisdom, being filled with complete understanding of God's will and his ways regarding your life. I bless you with being a living demonstration of new manifestations of God's ability, understanding, and power. I bless you with aggressively paying the price to do daily spiritual exercises. I bless you with a family of faith who lives in the light with clear and vulnerable relationships. I bless you with being flooded with light, so that you can understand the wonderful future he has promised you. I bless you in the name of the God of all wisdom.

Day 39 - I bless you with sensitivity to God's voice.

Spirit, God speaks in many creative ways, and I bless you with tuning your spiritual ears to him. Your salvation depended on his voice calling you, and your response to him was music to His ears. I bless you with listening with commitment to obey. I bless you with a hearing spirit and an understanding heart to discern between good and evil. I bless you with clearing out static and interference so you have clear communication. I bless you with awakened, deeply cleansed, and alert ears to hear. I bless you with knowing your Shepherd's voice. I bless you in Jesus' name with the sound of heaven.

Day 40 - I bless you with time as God sees it.

Spirit, I bless you with knowing the certainty of how you fit into God's time and space, history and the future. I bless you with knowing your Father's appointed and anointed time, for everything is beautiful from His perspective of eternity. I bless you with trusting his bigger picture when you can only see the details. I bless you with being right in step and on time, not running ahead or lagging behind. I bless you with sensitivity to the seasons of the Spirit, the movement of the Spirit, and the moment of the Spirit. I bless you in the name of the God of kairos seasons.

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Part 3 will continue with blessing your spirit in the name of God - be excited to grow your spirit so you can live from it as you practice this daily!

Be blessed this day!

Shalom

This resource is taken from a little booklet *“Daily Spirit Blessings - With the Blessings of Your Father and the Names of God”* by Arthur Burke & Sylvia Gunter. It is a brief excerpt from the 180-page book *“Blessing Your Spirit”*.

Thank you for reading. If this resource has helped you, please share it with others.
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