



Incubus and Succubus

Where do they come from?

Incubus and Succubus are terms often used in mythology and folklore to describe demons or malevolent spirits that are said to engage in sexual activity with humans during sleep, leading to feelings of physical and psychological distress upon waking. They also cause sleep paralysis rendering the person helpless to move at times.

In modern discussions, "incubus" is sometimes used to refer to a male demon that is believed to sexually attack women during sleep, while "succubus" refers to a female demon that preys on men in the same manner. These ideas are not rooted in Christianity but rather in various historical myths and beliefs. However, as many Christians will attest, this is a very real phenomenon. These demons are often referred to as spirit spouses.

Remember, the main point is that these demons are simply spirits of sexual lust. So bearing that in mind, let's consider what lust really is.

1. Lust is a desire for illegal pleasure.
2. Lust is the willingness to meet a natural and legal need or desire in an illicit or sinful way. For example, to eat is a need for every human being; but to fulfil that need through gluttony (overeating) is lust. To want nice things is a natural desire, but to be willing to meet that desire through dishonesty and trickery is lust. There is nothing sinful about our natural God-given sexual urges, but to fulfil those urges through masturbation and/or sexual perversion is lust. So bottom line – lust is sin – and – sin is disobedience to God's law of righteousness.

Entry points:

Fornication – Fornication is a word that can cover any type or act of perversion including adultery, incest, homosexuality, etc... You relinquish your authority over sexual lust when you willfully involve yourself with sexual perversion.

Masturbation – Masturbation is inviting when it comes to the invasion of these demons because through masturbation you sin against your own body and subject it to evil. You become a slave to sin through masturbation.

Pornography – Pornography is also particularly damaging when it comes to these attacks. Pornography is an act that specifically aims to contaminate your mind. The reason that these spirits come primarily at night is because our conscious minds shut down when we are tired and when we are sleeping. It thus leaves us vulnerable to their control and weakens our resistance to evil. Whatever we fill our minds with during our waking hours is what will reign over us while we sleep!

Unforgiveness/Bitterness – Unforgiveness cuts you off from God's grace and therefore His ultimate protection. Bitterness gives access to every demon of hell to invade your temple and your life!

Fear/Doubt – Having fear and doubt in your life opens the door to these spirits because they thrive on fear and aim to increase fear in your life. They want you to be afraid because fear paralyzes you and robs you of your faith, which ultimately robs you of your relationship with God and your purpose.

Witchcraft – The Bible says that rebellion is as witchcraft. Rebellion is another word for disobedience, so in all simplicity, witchcraft is to go against God's way to do it your own way. There are many manifestations of witchcraft that are overlooked such as – astrology, superstitions, divination, etc. An especially common but overlooked form of witchcraft is manipulation; manipulating our children and spouses and others that are close to us is so common and it leaves the door open for these demons to attack.

Molestation – Being molested opens doors in three ways. First, it often **attaches spirits** of perversion to the person. Secondly, it subjects the person to **a mindset of victimisation**. In other words, you constantly see yourself as a victim. Remember these demons are sexual aggressors and they want you to feel victimised. Thirdly, molestation is another doorway to fear in your life.

Abuse – These spirits are likened to abusive spouses and rapists, meaning that being a victim of domestic abuse can definitely introduce these spirits into your life. An abusive situation is a very comfortable environment for such demons.

Emotional Wounds – These demons are taking advantage of weaknesses. Being wounded leaves us weak and therefore leaves us vulnerable to these attacks. That is why it is so important to be healed.

Soul Ties – If you are soul tied to someone, or something, or someplace; that causes you to be spiritually weak, or that is subject to sexual perversion or fear; you have now created an open door for night demons.

From a Christian perspective, demonic possession or influence is seen as a real spiritual issue. If you believe you're experiencing spiritual oppression or struggling with demonic forces, it's advisable to seek guidance from qualified spiritual leaders, pastors, or Christian counsellors.

For any form of spiritual attack, including incubus and succubus demons, here are general steps a believer in Christ might take:

Prayer and Repentance: Begin with prayer and repentance. Confess any sins or vulnerabilities that may have opened doors to negative spiritual influence. Ask for God's forgiveness and protection.

Renunciation and Breaking Ties: Verbally renounce any belief in or engagement with these demonic forces. This involves actively rejecting any perceived hold these entities might have over you or your beliefs.

Spiritual Warfare: Engage in spiritual warfare through prayer. This includes invoking the authority of Jesus Christ and His blood for protection, rebuking any demonic forces, and asking for God's angels to guard you.

Scriptural Affirmation: Meditate on and declare biblical truths. Recite verses that affirm God's protection, love, and victory over evil forces. For example, Psalm 91 is often used as a prayer of protection.

Christian Community: Seek support and guidance from fellow believers. Share your concerns with trusted Christian friends, family members, or spiritual mentors who can provide counsel and prayer support.

Spiritual Cleansing: It is helpful to engage in a spiritual cleansing process, such as anointing your living space with oil, dedicating it to God's protection, and praying for any lingering negative energy to be removed.

Professional Help: If you continue to struggle with fear, anxiety, or any form of spiritual oppression, consider seeking professional help from a licensed Christian counsellor who can address these concerns from a psychological and spiritual perspective. Alternatively, you can approach a pastor that is adept at ministering deliverance and has an understanding of these demonic entities.

Remember that as a believer in Christ, your primary source of power and protection is through your faith in Jesus and your relationship with God. It's important to approach these matters with prayer, humility, and reliance on God's guidance.

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